

《高考英语阅读理解真题115(含答案解析)》

2019年全国2卷

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Marian Bechtel sits at West Palm Beach ' s Bar Louie counter by herself, quietly reading her e-book as she waits for her salad. What is she reading? None of your business! Lunch is Bechtel ' s “ me ” time. And like more Americans, she ' s not alone.

A new report found 46 percent of meals are eaten alone in America. More than half (53 percent) have breakfast alone and nearly half (46 percent) have lunch by themselves. Only at dinnertime are we eating together anymore , 74 percent , according to statistics from the report.

“ I prefer to go out and be out. Alone , but together , you know? ” Bechtel said , looking up from her book. Bechtel , who works in downtown West Palm Beach , has lunch with coworkers sometimes , but like many of us , too often works through lunch at her desk. A lunchtime escape allows her to keep a boss from tapping her on the shoulder. She returns to work feeling energized. “ Today , I just wanted some time to myself , ” she said.

just two seats over , Andrew Mazoleny , a local videographer , is finishing his lunch at the bar. He likes that he can sit and check his phone in peace or chat up the barkeeper with whom he ' s on a first-name basis if he wants to have a little interaction (交流). “ I reflect on how my day ' s gone and think about the rest of the week , ” he said. “ It ' s a chance for self-reflection, You return to work recharged and with a plan. ”

That freedom to choose is one reason more people like to eat alone. There was a time when people may have felt awkward about asking for a table for one , but those days are over. Now , we have our smartphones to keep us company at the table. “ It doesn ' t feel as alone as it may have before all the advances in technology , ” said Laurie Demerit , whose company provided the statistics for the report.

28. What are the statistics in paragraph 2 about?

- A. Food variety.
- B. Eating habits.
- C. Table manners.

D. Restaurant service.

29. Why does Bechtel prefer to go out for lunch?

A. To meet with her coworkers.

B. To catch up with her work.

C. To have some time on her own.

D. To collect data for her report.

30. What do we know about Mazoleny?

A. He makes videos for the bar.

B. He ' s fond of the food at the bar.

C. He interviews customers at the bar.

D. He ' s familiar with the barkeeper.

31. What is the text mainly about?

A. The trend of having meals alone.

B. The importance of self-reflection.

C. The stress from working overtime.

D. The advantage of wireless technology.

答案解析：

28. B。第二段中的统计数据是关于饮食习惯的。数据显示，在美国有46%的饭局是独自进餐的，超过一半的人在独自吃早餐和午餐，只有晚餐时大多数人才会一起吃饭。

29. C。根据第三段，Bechtel喜欢出去独自午餐，因为这让她可以远离老板的打扰，并且她想要一些属于自己的时间。

30. D。从第四段中我们可以了解到，Mazoleny与酒吧服务员很熟，他们是按名字称呼的，这说明他与酒吧服务员很熟悉。

31. A。整篇文章主要讲述的是越来越多的人喜欢独自进餐的趋势，包括统计数据、人们的观点和科技对此现象的影响。

