

《中考英语作文范文16篇（带中文）》

中考英语作文范文1：我最喜欢的明星

My favourite movie star is Tom Hanks. He has a round face with kind eyes and a warm smile. Tom Hanks is an excellent actor, and he has starred in many great movies.

One of his best movies, in my opinion, is "Forrest Gump". In this movie, he plays a simple-minded man who achieves great things in life. His performance is very moving and has touched many people's hearts.

I like Tom Hanks because he is not only a great actor but also a great person. He is known for being down-to-earth and friendly with his fans. He has also donated a lot of money to charity and has been involved in many humanitarian causes.

In conclusion, Tom Hanks is not only my favourite movie star but also a role model for me. His talent and kindness make him a true legend in the movie industry.

我最喜欢的电影明星是汤姆·汉克斯。他有一张圆脸，善良的眼睛和温暖的微笑。汤姆·汉克斯是一位出色的演员，他主演了很多伟大的电影。

在我看来，他最好的电影之一是《阿甘正传》。在这部电影中，他扮演一个智力简单的男人，在生命中取得了伟大的成就。他的表演非常感人，触动了许多人的心灵。

我喜欢汤姆·汉克斯，因为他不仅是一位伟大的演员，也是一位伟大的人。他以其谦逊和友好对待粉丝而闻名。他还向慈善机构捐赠了大量的钱，并参与了多项人道主义事业。

总的来说，汤姆·汉克斯不仅是我的最喜欢的电影明星，也是我的榜样。他的才华和善良使他成为电影行业的真正传奇。

中考英语作文范文2：我最喜欢的明星

My favorite movie star is Angelina Jolie. She has a beautiful appearance with piercing eyes and full lips. Angelina Jolie is not only an outstanding actress but also a talented director and producer.

One of her best movies, in my opinion, is "Lara Croft: Tomb Raider". In this movie, she plays a brave and intelligent archaeologist who goes on an exciting adventure. Her performance is very impressive and has earned her many accolades.

I like Angelina Jolie because of her strong personality and dedication to her work. She is known for taking on challenging roles and giving her all in every performance. Additionally, she is also a goodwill ambassador for the United Nations and has worked tirelessly to help those in need.

In conclusion, Angelina Jolie is not only my favorite movie star but also an inspiration to me. Her talent, compassion, and determination make her a true role model in the entertainment industry.

我最喜欢的电影明星是安吉丽娜·朱莉。她有一张美丽的脸庞，锐利的眼睛和丰满的嘴唇。安吉丽娜·朱莉不仅是一位杰出的女演员，还是一位有才华的导演和制片人。

在我看来，她最好的电影之一是《古墓丽影》。在这部电影中，她扮演一个勇敢而聪明的考古学家，展开了一次令人兴奋的冒险。她的表演非常令人印象深刻，并为她赢得了众多赞誉。

我喜欢安吉丽娜·朱莉，因为她的强烈个性和对工作的投入。她以接受挑战性的角色并全力以赴而闻名。此外，她还是联合国的一位亲善大使，并不懈地为帮助有需要的人而努力。

总的来说，安吉丽娜·朱莉不仅是我的最喜欢的电影明星，也是我的灵感来源。她的才华、同情心和决心使她在娱乐行业成为一个真正的榜样。

中考英语作文范文3：如何表现得体

To behave well, students should be punctual, trustworthy, honest, and refrain from using bad language. It is also important to be polite and helpful to others.

Traffic rules should be followed, and noise should be avoided in public places. Littering should also be avoided.

In addition, I believe that students should be respectful to their teachers and peers. They should also be responsible and accountable for their actions.

In conclusion, behaving well is an important aspect of everyone's life. It not only reflects positively on individuals but also contributes to a harmonious society.

要表现得体，学生应该守时、值得信赖、诚实，并避免使用脏话。在交往中保持礼貌和乐于助人也很重要。

应该遵守交通规则，在公共场所避免喧哗，不乱扔垃圾。

此外，我认为学生应该尊重老师和同学。他们还应该对自己的行为负责。

总的来说，表现得体是每个人生活的重要组成部分。它不仅反映了个人积极的形象，也为和谐的社会做出了贡献。

中考英语作文范文4：礼貌的重要性

Good manners are an essential part of our daily lives. They not only reflect our upbringing but also shape our relationships with others. As students, it is crucial to understand and practice good manners in all aspects of life.

Firstly, being punctual is a sign of respect for others' time. It is important to arrive on time for classes, meetings, and appointments. Secondly, honesty and integrity are vital traits that help build trust. Lying or cheating not only harms others but also damages one's reputation.

Moreover, using polite language and avoiding bad manners are key to maintaining a positive social environment. Saying please, thank you, and expressing gratitude shows consideration for others. Similarly, helping those in need, whether it's a classmate or a stranger, reflects kindness and empathy.

In conclusion, good manners play a significant role in our personal and social lives. By practicing good manners, we not only improve our relationships but also become better individuals. Let's strive to cultivate and uphold good manners in our daily interactions.

礼貌是我们日常生活中不可或缺的一部分。它不仅反映我们的教育背景，还塑造了我们与他人的关系。作为学生，理解并在生活的各个方面实践礼貌至关重要。

首先，守时是尊重他人时间的标志。准时到达课堂、会议和约会是很重要的。其次，诚实和正直是建立信任的关键特质。说谎或作弊不仅伤害他人，还损害个人的声誉。

此外，使用礼貌的语言并避免不礼貌的行为对于维护积极的社会环境至关重要。说请、谢谢并表示感激，体现了对他人的关心。同样，帮助有需要的人，无论是同学还是陌生人，都反映了善良和同理心。

总的来说，礼貌在我们个人和社会生活中起着重要的作用。通过实践礼貌，我们不仅改善了人际关系，也成为了更好的人。让我们努力培养和维护日常互动中的礼貌。

中考英语作文范文5：音乐

Music is a powerful force that fills life with vitality and joy. It has the ability to touch our souls and lift our spirits. Without music, life would be lackluster and devoid of pleasure.

My favorite type of music is pop, which I find catchy and uplifting. It has a way of making me feel happy and energetic. On the other hand, I cannot stand classical music.

Although I recognize its beauty and complexity, it tends to bore me and I find it hard to connect with.

In conclusion, music is an integral part of our existence, adding depth and color to our lives. It is a universal language that knows no boundaries and can evoke a wide range of emotions.

音乐是一种强大的力量，它给生活带来活力和快乐。它有能力触动我们的灵魂，提升我们的精神。没有音乐，生活就会变得枯燥无味，缺乏乐趣。

我最喜欢的音乐类型是流行音乐，我觉得它旋律优美，令人振奋。它有一种让人感到快乐和充满活力的方式。然而，我无法忍受古典音乐。虽然我认识到它的美丽和复杂性，但它往往会让我感到无聊，我很难与之产生共鸣。

总的来说，音乐是我们生活中不可或缺的一部分，它为我们的生活增添了深度和色彩。它是一种没有边界的通用语言，能够引发各种各样的情感。

中考英语作文范文6：音乐的魔力

Music, like a magical potion, has the power to transform our emotions and brighten our lives. It is a universal language that knows no boundaries, connecting people from different cultures and backgrounds.

The impact of music on individuals is profound. It can uplift our spirits, ease our sorrows, and ignite our passions. A beautiful melody can bring solace to a weary soul and inspire us to achieve greatness.

My favorite genre of music is classical. Its timeless beauty and intricate compositions captivate me. I find peace and tranquility in the soothing melodies of Mozart and Beethoven. However, I cannot tolerate loud and noisy music, as it disturbs my concentration and peace of mind.

In conclusion, music is a divine gift that enriches our lives and fosters a sense of unity among humanity. Let us embrace the magic of music and allow it to resonate in our hearts.

音乐就像一种神奇的药剂，它拥有改变我们情绪和照亮我们生活的力量。它是一种没有边界的通用语言，连接着来自不同文化和背景的人们。

音乐对个人的影响是深远的。它能够提升我们的精神，减轻我们的悲伤，激发我们的激情。美妙的旋律可以为疲惫的灵魂带来慰藉，并激励我们取得伟大成就。

我最喜欢的音乐类型是古典音乐。它永恒的美丽和复杂的 compositions 吸引着我。我

在莫扎特和贝多芬的柔和旋律中找到平静和宁静。然而，我无法忍受大声和嘈杂的音乐，因为它扰乱了我的专注和心灵平静。

总的来说，音乐是上帝赐予我们的神圣礼物，它丰富了我们的生活，并促进了人类之间的团结感。让我们拥抱音乐的魔力，并允许它在我们的心中共鸣。

中考英语作文范文7：健康的饮食

Ladies and Gentlemen,

Good morning/afternoon/evening! Today, I am here to talk about a topic that is close to our daily lives - how to eat in a healthy way.

Our diet plays a crucial role in our health and well-being. It is important to be aware of the types of food we should eat less of, avoid completely, and consume more of. We should limit our intake of processed foods, sugary snacks, and beverages, as they can lead to various health issues. On the other hand, we should incorporate more fruits, vegetables, whole grains, and lean proteins into our diet, as they provide essential nutrients for our body.

女士们、先生们，

大家早上好/下午好/晚上好!今天，我来到这里要谈论一个与我们的生活密切相关的话题——如何健康饮食。

我们的饮食对我们的健康和生活质量起着至关重要的作用。我们需要了解我们应该少吃、避免吃和多吃哪些食物。我们应该限制摄入加工食品、甜食和饮料，因为它们可能导致各种健康问题。另一方面，我们应该将更多的水果、蔬菜、全谷物和瘦肉纳入我们的饮食中，因为它们为我们的身体提供必要的营养。

中考英语作文范文8：健康饮食的重要性

Ladies and gentlemen,

Good morning/afternoon/evening! Today, I would like to share with you the importance of eating healthily and the impact it has on our daily lives.

A healthy diet is vital for maintaining our physical and mental well-being. It provides the necessary nutrients that our bodies need to function properly and keep us energetic. On the contrary, an unhealthy diet filled with junk food and sugary drinks can lead to various health problems such as obesity, diabetes, and heart diseases.

To ensure a healthy eating habit, we should include more fruits, vegetables, whole grains,

and lean proteins in our meals. These food groups are packed with essential vitamins and minerals that our bodies require. Additionally, we should limit our intake of processed foods and sweets, as they are often high in unhealthy fats and sugars.

As for myself, I try to consume a balanced diet by having a variety of fruits, vegetables, and whole grains. I avoid eating too much fast food and sweets, and instead, I choose to snack on healthier options like yogurt or nuts.

女士们、先生们，

大家早上好/下午好/晚上好!今天，我想和大家分享健康饮食的重要性以及它对我们日常生活的影响。

健康的饮食对于维持我们的身体和心理健康至关重要。它为我们的身体提供了必要的营养，使我们能够正常运转并保持活力。相反，充满垃圾食品和含糖饮料的不健康饮食可能导致各种健康问题，如肥胖、糖尿病和心脏病。

为了确保健康的饮食习惯，我们应该在膳食中加入更多的水果、蔬菜、全谷物和瘦蛋白。这些食物富含人体所需的必需维生素和矿物质。此外，我们应该限制加工食品和糖果的摄入，因为它们通常富含不健康的脂肪和糖。

至于我自己，我尝试通过吃各种水果、蔬菜和全谷物来保持平衡的饮食。我尽量避免吃太多快餐和甜食，而是选择更健康的零食，如酸奶或坚果。

中考英语作文范文9：对我影响最深的人

My mother, in her forties, has had the greatest influence on me. She is always patient in listening to my problems and gives me advice on how to solve them. As a doctor, she often says that being meticulous is never enough. She always works overtime, dedicating most of her time to her job.

Because of this, I think she is not only a great mother but also an excellent doctor. I admire her dedication and perseverance in her work.

I hope to grow up to be like her, someone who is dedicated to their work and is always willing to help others.

影响我最深的人是我的妈妈，她四十多岁。她总是耐心地听我诉说问题，并给我建议，告诉我如何解决。作为一名医生，她总是说再怎么细心也不为过。她总是加班，把大部分时间都投入到了工作中。

因此，我认为她不仅是一个好妈妈，也是一个好医生。我敬佩她对工作的投入和坚持不懈。我希望我能像她一样，成为一个对工作尽职尽责，总是乐于助人的人。

中考英语作文范文10：对我影响最大的人

The person who has influenced me most is my English teacher, Ms. Wang. She is in her thirties and has been my teacher for three years.

Ms. Wang is not only knowledgeable but also passionate about teaching. She always finds ways to make our lessons interesting and engaging. She encourages active participation in class and believes in the power of critical thinking.

As an English teacher, she emphasizes the importance of reading and writing. She often shares inspiring articles and books with us, pushing us to broaden our horizons. She also encourages us to express our thoughts and ideas effectively, both in writing and verbally.

Due to her influence, my interest in English has greatly increased. I have improved my language skills and developed a love for literature. I am grateful for her patience and dedication in teaching us.

I hope to become a lifelong learner, just like Ms. Wang, and make a positive impact on others.

影响我最深的人是我的英语老师，王老师。她三十多岁，已经教了我三年。

王老师不仅知识渊博，而且对教学充满热情。她总是想方设法让我们的课堂变得有趣和引人入胜。她鼓励课堂上积极发言，相信批判性思维的力量。

作为一名英语老师，她强调阅读和写作的重要性。她经常与我们分享启发性的文章和书籍，推动我们拓宽视野。她还鼓励我们有效地表达自己的思想和观点，无论是在写作还是在口头表达上。

在她的影响下，我对英语的兴趣大大增加。我的语言技能得到了提高，对文学产生了热爱。我感激她的耐心和对我们的投入。

我希望能像王老师一样成为终身学习者，并对他人产生积极的影响。

中考英语作文范文11：筹款活动

On October 23rd, Saturday, our school held a charity walk to raise funds for children in poor areas. The purpose of this event was to collect donations that would help improve the lives of these children.

The students divided themselves into groups of four and planned everything carefully before setting off. The route started from our school and ended at the city center. The walk was tiring, but throughout the event, everyone supported and helped each other.

With the help of many people, we were able to collect over 50,000 yuan in donations. Although everyone was exhausted, we were all thrilled because we knew that our efforts would make a difference in the lives of these children.

This experience has taught us the importance of empathy and the power of unity. We hope that our small contribution will bring joy and hope to the children in need.

在10月23日星期六，我们学校举办了一次为贫困地区孩子们筹款的慈善步行活动。这次活动旨在筹集捐款，帮助这些孩子们改善生活。

学生们将自己分成四人一组，并在出发前精心策划了一切。路线从学校出发，直达市中心。步行虽然艰辛，但活动过程中大家互相帮助，互相支持。

在许多人的帮助下，我们筹集到了超过5万元的善款。尽管每个人都筋疲力尽，但我们都感到非常高兴，因为我们知道，我们的努力将会在这些孩子们的生活中产生积极的影响。

这次经历教会了我们同理心以及团结的力量。我们希望我们微小的贡献能够为需要帮助的孩子带来快乐和希望。

中考英语作文范文12：筹款步行活动

On the sunny morning of October 23rd, our school held a charity walk to raise funds for children in poor areas. The purpose of this event was to collect donations that would improve the living conditions of these children.

Armed with enthusiasm and determination, students formed teams of four and set off from school to the city center. The route was filled with challenges, but the spirit of unity and support was strong among the participants.

Along the way, we encountered many kind-hearted individuals and organizations who willingly contributed to our cause. Their generosity enabled us to collect over 50,000 yuan in donations.

Though exhausted, everyone felt a sense of fulfillment and joy. We knew that our efforts would bring a smile to the faces of those in need. This experience not only strengthen our sense of social responsibility but also fostered friendship and teamwork among us.

We hope that our small contribution would bring some comfort and happiness to the children in poor areas, reminding them that they are not alone in this world.

在10月23日那个阳光明媚的早晨，我们学校举办了一次为贫困地区孩子们筹款的慈善步行活动。这次活动的目的是筹集捐款，以改善这些孩子们的生活条件。

学生们满怀热情和决心，四人一组出发，从学校步行至市中心。路线充满挑战，但在参与者之间存在着强烈的团结和支持精神。

沿途，我们遇到了许多好心的人和组织，他们纷纷慷慨解囊，支持我们的事业。他们的慷慨使得我们最终筹集到了超过5万元的善款。

尽管每个人都感到疲惫，但大家都感到满足和快乐。我们知道，我们的努力将会给那些需要帮助的孩子们带来微笑。这次经历不仅增强了我们的社会责任感，也培养了我们的友谊和团队合作精神。

我们希望我们微小的贡献能够给贫困地区的孩子们带来一些安慰和快乐，让他们知道在这个世界上，他们并不孤单。

中考英语作文范文13：绿色使者

It's our duty to protect our environment around us. We can start by being more conscious of our daily habits. For example, we can draw on both sides of paper to save trees. We can also avoid using plastics as much as possible and use reusable bags.

Another way to be greener is to save water. We can do this by turning off the water tap when we're not using it. Additionally, we can collect rainwater for plants and use it wisely.

To reduce waste, we can sort our garbage into recyclable and non-recyclable items. This helps to reduce the amount of waste that ends up in landfills.

Being a greener person also means being more environmentally friendly in our choices. We can choose to walk or cycle instead of using cars, and we can support companies that prioritize sustainability.

By making these small changes in our daily lives, we can become greener individuals and contribute to a healthier planet. Let's take action and be the change we want to see in the world!

我们有责任保护我们周围的环境。我们可以从注意我们的日常习惯开始。例如，我们可以双面使用纸张来节约树木。我们还可以尽可能避免使用塑料，并使用可重复使用的袋子。

另一种变得更环保的方式是节约用水。我们可以通过在不使用水时关闭水龙头来实现。此外，我们可以收集雨水用于浇灌植物，并明智地使用。

为了减少垃圾，我们可以将垃圾分为可回收物和非可回收物。这有助于减少最终填埋场的垃圾量。

成为一个更环保的人还意味着在我们的选择中更加关注环境。我们可以选择步行或骑自行车而不是开车，并且支持将可持续性放在首位的公司。

通过在我们日常生活中做出这些小的改变，我们可以成为一个更环保的个体，并为一个更健康的地球做出贡献。让我们采取行动，成为我们想在世界上看到的改变！

中考英语作文范文14：绿色生活，每日选择

In the face of environmental challenges, being a greener person is not only our responsibility but also a daily choice. Let's take a look at some simple ways to embrace green living.

Firstly, we can start by reducing our paper usage. Instead of printing out every document, we can opt for digital alternatives. Double-sided printing and using recycled paper are also eco-friendly choices.

Secondly, we should be mindful of our water consumption. Turning off the tap while brushing teeth or soaking laundry can save a significant amount of water. Collecting rainwater for outdoor use is another great way to utilize natural resources.

Furthermore, reducing our reliance on single-use plastics is crucial. Carrying reusable bags, water bottles, and containers can significantly reduce plastic waste.

Lastly, we can make sustainable transportation choices. Opting for walking, cycling, or using public transport can help reduce carbon emissions.

In conclusion, being a greener person involves making conscious decisions in our daily lives. By adopting these simple habits, we can contribute to a healthier planet and inspire others to do the same. Let's embrace green living and make a positive impact together.

面对环境挑战，成为一个更环保的人不仅是我们的责任，也是我们每日的选择。让我们来看看一些简单的绿色生活方法。

首先，我们可以从减少纸张使用开始。我们可以选择电子替代品而非打印每一份文件。双面打印和使用再生纸也是环保的选择。

其次，我们应该注意我们的用水消耗。刷牙时关闭水龙头或浸泡洗衣物可以节省大量水资源。收集雨水用于户外使用是利用自然资源的另一种好方法。

此外，减少我们对一次性塑料的依赖至关重要。携带可重复使用的购物袋、水瓶和容器可以显著减少塑料垃圾。

最后，我们可以做出可持续的交通选择。选择步行、骑自行车或使用公共交通工具可

以减少碳排放。

总的来说，成为一个更环保的人需要我们在日常生活中做出有意识的决策。通过采用这些简单习惯，我们可以为更健康的地球做出贡献，并激励他人也这样做。让我们拥抱绿色生活，共同产生积极影响。

中考英语作文范文15：我心目中的英雄

As we know, most people have heroes in their hearts. For me, the hero in my heart is Dr. Norman Bethune.

Dr. Bethune, a Canadian, was known for his passion in photography and his dedication to saving countless Chinese lives. He opened hospitals and invented medical tools, which greatly contributed to the advancement of medicine.

What makes Dr. Bethune a hero to me is not only his remarkable achievements but also his selflessness and perseverance. Despite the risks involved, he never hesitated to help those in need. His courage and dedication inspire me to become a better person.

In my opinion, a hero is someone who makes a positive impact on others and demonstrates qualities such as bravery, compassion, and dedication. Dr. Bethune's legacy continues to inspire people around the world to this day.

众所周知，大多数人心中都有英雄。对我来说，我心中的英雄是诺曼·白求恩医生。

白求恩医生是加拿大人，以他对摄影的热情和拯救无数中国生命的奉献而闻名。他开设了医院，发明了医疗工具，为医学的进步做出了巨大贡献。

对我来说，白求恩医生之所以成为英雄，不仅是因为他的杰出成就，更是因为他无私和坚韧不拔的精神。尽管涉及风险，他从未犹豫去帮助那些需要帮助的人。他的勇气和奉献精神激励我成为更好的人。

在我看来，英雄是那些对他人产生积极影响并展现出勇气、同情心和奉献精神的人。白求恩医生的遗产至今仍在全世界范围内激励着人们。

中考英语作文范文16：心目中的英雄

Everyone has a hero in their heart. For me, my hero is Liu Xiang, a Chinese athlete.

Liu Xiang, a Chinese national, is known for his love of singing and his remarkable achievements in the sports field. He won the first Olympic gold medal in the men's 110m hurdles event in Athens and set a world record in the same event in Lausanne.

What makes Liu Xiang a hero to me is his determination, perseverance, and willpower. Despite facing injuries and obstacles, he never gave up and continued to strive for success. His dedication to his sport and his passion for excellence inspire me to pursue my dreams fearlessly.

In my opinion, a hero is someone who possesses qualities such as determination, perseverance, and dedication. Liu Xiang's story teaches us that hard work and resilience can overcome any challenges we may face.

每个人都有心中的英雄。对我来说，我的英雄是刘翔，一位中国运动员。

刘翔，中国国籍，以他的唱歌爱好和在场上的杰出成就而闻名。他在雅典奥运会上获得了男子110米栏比赛的首枚金牌，并在洛桑创下了同一项目的世界纪录。

对我来说，刘翔是我的英雄，因为他有决心、毅力和意志力。尽管面临伤病和障碍，他从未放弃，继续努力追求成功。他对运动的奉献和对卓越的激情激励我无畏地追求自己的梦想。

在我看来，英雄是那些拥有决心、毅力和奉献精神的人。刘翔的故事告诉我们，努力和韧性可以克服我们可能面临的任何挑战。

